



ZELI ROCHA AROMA
CATALOG - 2025





I grew up in Southern Brazil, where my love for nature first blossomed — climbing trees, tending vegetables, and discovering the quiet magic of plants. That connection guided me into holistic healing, and for the past 18 years I've dedicated my work to helping people feel grounded, balanced, and at ease.

This passion also inspired me to create my own line of aromatherapy products. Each spray is handcrafted in small batches with high-quality essential oils, chosen for both their therapeutic benefits and their beautiful aromas. Whether you're seeking calm, clarity, or a gentle lift, these blends turn simple moments into nourishing rituals.

My aim is to bring the essence of natural healing into everyday life, extending the comfort of a treatment into the spaces where you live, work, and rest.

AROMATHERAPY SPRAY COLLECTION



PROSPERITY

A warm, invigorating blend designed to inspire motivation, focus, and abundance. Rosemary energizes the mind, cardamom adds a sweet uplifting note, ginger brings spicy vitality, and cinnamon offers comforting warmth. Together they create an empowering aroma that encourages confidence and creativity.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Rosemary Oil, Cardamom Oil, Ginger Oil, Cinnamon Bark Oil
Includes naturally occurring allergens: Limonene, Linalool, Eugenol



SUNRISE SPARK

A bright, refreshing blend crafted to awaken the senses and uplift the spirit. Bergamot and grapefruit bring zesty freshness, lemongrass adds vibrancy, and grounding notes of cedarwood, frankincense, and soft lavender create balance. Perfect for starting the day with clarity and positivity.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Lavender Oil, Bergamot Oil (FCF), Grapefruit Oil, Lemongrass Oil, Cedarwood Oil, Frankincense Oil
Includes naturally occurring allergens: Limonene, Linalool, Citral





SPACE CLEARING

A purifying blend created to cleanse, refresh, and uplift your environment. Lemony litsea and lemongrass brighten the air, juniper berry and citronella offer crisp cleansing notes, while bay laurel adds depth and spiritual clarity. Ideal for clearing negativity and restoring harmony.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Litsea Oil, Juniper Berry Oil, Citronella Oil, Lemongrass Oil, Bay Laurel Oil

Includes naturally occurring allergens: Limonene, Linalool, Geraniol, Citral



MEDITATION

A serene, grounding blend featuring amyris and sacred frankincense, softened by soothing lavender and brightened with sweet orange. This tranquil aroma helps calm the mind and create a peaceful space for stillness, mindfulness, or rest.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Lavender Oil, Amyris Oil, Frankincense Oil, Sweet Orange Oil

Includes naturally occurring allergens: Limonene, Linalool, Geraniol





SUMMER BLISS

A joyful, sunlit blend that captures the essence of summer. Sicilian lemon brings sparkling freshness, eucalyptus adds a cooling lift, French lavender brings gentle calm, and peppermint provides clarity and refreshment. An uplifting scent perfect for energizing any space.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Lemon Oil, Eucalyptus Oil, Lavender Oil, Peppermint Oil

Includes naturally occurring allergens: Limonene, Linalool, Citral, Geraniol, Menthol



YOGA FLOW

A harmonizing blend crafted to support movement, presence, and focus. Lavender and cedarwood provide grounding calm, eucalyptus opens the senses, and lemongrass adds a bright energizing lift—perfect for yoga, meditation, or mindful movement.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Lavender Oil, Cedarwood Oil, Lemongrass Oil, Eucalyptus Oil

Includes naturally occurring allergens: Limonene, Linalool, Citral





ROSE GERANIUM

A gentle floral blend created to uplift and balance the emotions. Rose geranium's sweet, rosy aroma soothes tension, supports emotional harmony, and brings a sense of soft, heart-led calm to any space.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Rose Geranium Oil

Includes naturally occurring allergens: Limonene, Linalool, Geraniol



FEMININE MIST

A delicate floral-herbal blend supporting emotional balance and inner harmony. Geranium offers a sweet, uplifting floral note while clary sage brings grounding and calm, creating a nurturing and empowering aroma that celebrates femininity.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Geranium Oil, Clary Sage Oil

Includes naturally occurring allergens: Limonene, Linalool, Geraniol





GROUNDING

A deep, earthy blend that anchors the mind and calms the spirit. Vetiver provides stabilizing stillness, patchouli adds rich earthiness, cedarwood supports emotional balance, and lavender softens the aroma with gentle floral notes.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Vetiver Oil, Patchouli Oil, Cedarwood Oil, Lavender Oil



AURA CLEANSING

A purifying, uplifting blend that refreshes energy and clears the mind. Frankincense adds grounding depth, bergamot brings bright clarity, lavender soothes, and clary sage supports emotional openness. Ideal for cleansing your space or personal energy field.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Frankincense Oil, Bergamot Oil (FCF), Lavender Oil, Clary Sage Oil

Includes naturally occurring allergens: Limonene, Linalool, Geraniol





SWEET DREAMS

A calming, sleep-supportive blend that soothes the mind and prepares the body for rest. Lavender promotes relaxation, bergamot and grapefruit add gentle uplifting notes, chamomile nurtures peace, and grounding cedarwood and frankincense bring warmth and comfort.

Ingredients:

Alcohol, Isopropyl Alcohol, Dipropylene Glycol, Lavender Oil, Bergamot Oil (FCF), Grapefruit Oil, Chamomile Oil, Cedarwood Oil, Frankincense Oil

Includes naturally occurring allergens: Limonene, Linalool, Geraniol, Citral





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